

## **New Topic for the Member Blog**

January's topic is, "Reflect on Your Personal Experience as a Newcomer to Al-Anon."

As always, you can also write about Al-Anon's three Legacies. This month features Step One, Tradition One, and Concept One.

Please share with us at **[al-anon.org/member-blog](http://al-anon.org/member-blog)**

Sharings on the Member Blog may be used in future Al-Anon publications.

New topics are being added each month!

