

## **Adhering to Policies without Policing**

The introduction to the “Digest of Al-Anon and Alateen Policies,” the second section of the *2022–2025 Al-Anon/Alateen Service Manual (P-24/27) v3*, states, “The ‘Digest of Al-Anon and Alateen Policies’ reflects policy statements that grew out of questions and experiences from the Al-Anon fellowship worldwide. They are interpretations of our basic guides, the Twelve Traditions and the Twelve Concepts of Service” (p. 79).

Policies offer consistency when members or groups seek clarification on matters relating to the Al-Anon fellowship. Before a policy is adopted or changed, it goes through a thorough review process, with final approval given by the World Service Conference, Al-Anon’s largest representative group conscience.

When fellowship questions arise, consider:

- Looking at the experience expressed in the policies
- Referencing the “Digest of Al-Anon and Alateen Policies” during group business meetings
- Sharing the information with other members
- Including the source of the information so members can know where to look
- Hosting a workshop on the “Digest of Al-Anon and Alateen Policies”

Finding ways to share the policies helps support the consistent message of help and hope that has been carried for more than 70 years. Every member of Al-Anon is a guardian of the Twelve Traditions—no permission is needed!

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