

AFG District 12 Presents:  
**COMMUNICATION  
WORKSHOP**

**Learn**

How to communicate with self  
and higher power

**Plus**

Tips for active listening and how to  
avoid communication roadblocks

**Saturday May 14th**

**1:00-4:00pm**

**Southern Hills  
Methodist Church  
2356 Harrodsburg Road**

**light  
snacks**

**water**

**in person**